### **Center for Graduate Studies (CGS)**

University of Wuppertal
Grifflenberg Campus | P.08.12/13



# TIPS FOR INTERNATIONAL DOCTORAL STUDENTS AT UW

compiled by fellow doctoral students at UW

(Maithe Cardoso de Araújo, Deniz Erdem, Mu He, Mitra Khazaei, Meng Li, Magdalena Pigoń, Guillermo Villena Tapia, Denise Wilde and others) [Contents not guaranteed.]

#### **UNIVERSITY**

### How to get to the University of Wuppertal (UW) by public transport / by car

- Grifflenberg Main Campus: Buses 615/645/Uni-Express from Wuppertal Central train & bus station
- Haspel Campus: Buses 611/619 or Schwebebahn from Wuppertal Central train & bus station alight at 'Landgericht' or 'Versorgungsamt'
- Freudenberg Campus: Bus E860 or 603 from Wuppertal Central train & bus station.
  - $\rightarrow www.uni-wuppertal.de/universitaet/adresse\_anreise/anreise\_lageplaene/$

# **University Library (UL)**

- Show your student ID at the library front desk (BZ.7) and apply for a *Benutzerausweis* (library pass) → www.bib.uni-wuppertal.de
- Doctoral students can, with a letter of support from their supervisor, apply for an A (staff) pass which allows them to use inter-library loan free of charge – contact CGS for further information.

Contact: CGS at P.08.13 | Tel.: +49 (0)202-439 2702 | www.zgs.uni-wuppertal.de

Email: Mariam Muwanga, International Doctoral Students Advisor (m.muwanga@uni-wuppertal.de) or zgs@uni-wuppertal.de

### **Sports facilities and offers**

**CGS soccer evening:** Come and join other doctoral students for a game of indoor soccer organized by the CGS. **Contact:** CGS at P.08.13 | Tel.: +49 (0)202-439 2702 | www.zgs.uni-wuppertal.de

Email: Samir Kadiric, tutor for international PhD students (kadiric@wiwi.uni-wuppertal.de) or CGS (zgs@uni-wuppertal.de)

# **UW** sports

- The SportsCard (costs €15 per semester) entitles you to take part in a comprehensive sports program
- Select a sports activity and register for regular participation
- Exception: BergWerk Fitnesscenter (separate registration and fee)
  - → www.hochschulsport.uni-wuppertal.de/cms/

#### **CITY**

#### **Banking**

- **NB**: It's useful to compare the banks, as they offer various conditions e.g. no bank charges on accounts for young people under 27
- Documentation required: valid passport or personal ID, student ID, local address
- Bank customer service departments provide further information.

### Residents' registration

**Contact:** Ausländerbehörde (Foreign Citizens' Residence Office) Steinweg 20 | 42275 Wuppertal (Schwebebahn stop Alter Markt)

- You must register here within 3 months of arrival in Wuppertal
- No fee
- Documentation required: valid passport or personal ID, rental agreement, completed registration form (available at Office)

# **Getting around in Wuppertal (and throughout Germany)**

- → www.wsw-online.de/mobilitaet
- → www.bus-und-bahn.de/2.html- for Dortmund
- → www.bahn.de

#### LIVING IN WUPPERTAL

### Life, leisure & culture

# **CGS** excursions:

In its 'Places to go in and around Wuppertal' program the CGS organizes excursions every semester in which UW doctoral students can explore the city and its surroundings, go on day trips to interesting places like Bonn or the Ruhr Area, take in the Frankfurt Book Fair, or visit a typical German Christmas Market. According to season we end the semester with an evening's bowling or a BBQ.

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- →www.zgs.uni-wuppertal.de/angebote/promotionsberatung/auslaendische promovierende/umgebung freizeitangebote
- → www.zgs.uni-wuppertal.de/termine

# For further free-time activities and events, as well as for life in Wuppertal, visit

- → www.hsw-international.de/
- $\rightarrow$  www.wuppertal.de/
- → www.wuppertal-nur-hier.de/

**Tip:** A number of Wuppertal magazines (e.g. Coolibri www.coolibri.de, Heinz (www.heinz-magazin.de)) carry topical information about events in and around Wuppertal. You will find these publications free of charge in cafés, restaurants, pubs etc.

## **Accommodation**

Wuppertal offers a wide variety of accommodation, ranging from the modern, low cost student halls of residence (dormitories) run by the *Hochschulsozialwerk* (HSW: university social services) to numerous private rentals, as well as guest houses and hotels.

**NB**: In Germany, three months' notice must normally be given before leaving your accommodation.

# HSW: Student halls of residence / 'Home Sweet Home' apartment rental service

- For accommodation in student halls of residence apply to the Hochschulsozialwerk.
   Contact: Student Accommodation Center | Max-Horkheimer-Str. 10 | 42119 Wuppertal
  - → www.hsw.uni-wuppertal.de/hsw
- The Hochschulsozialwerk 'Home Sweet Home' service has a list of apartments in the Wuppertal area that are suitable for students. Visit the website and click Privatzimmer for offers, or put your own details in the 'accommodation wanted' (Gesuche) column.
  - → www.hsw.uni-wuppertal.de/hsw

# **Youth Hostels/Apartments**

- Jugendherberge Wuppertal
  - → www.jugendherberge.de/jh/rheinland/wuppertal
- Appartementhaus am Kleeblatt
  - → www.appartements-am-kleeblatt.de
- Gemeinnützige Wohnungsbaugesellschaft mbH Wuppertal (GWG)
  - → www.gwg-wuppertal.de
- Haus Honigstal

Im Honigstal 7 | 42117 Wuppertal | Tel.: +49 (0)202 426455

Email: wohnen@haus-honigstal.de

→ www.haus-honigstal.de

# Hotels/Guest houses

- → www.hrs.de
- → www.pension-hotel-wuppertal.de

# Further websites for private accommodation

- → www.studenten-wg.de
- → www.wg-gesucht.de
- → www.immonet.de
- → www.immobilienscout24.de
- → www.mitwohnzentrale.de
- → www.easywg.de
- → www.meinestadt.de

The Wuppertaler Rundschau, a local newspaper distributed free every Wednesday and Saturday to many households in Wuppertal, carries advertisements for private rentals.

→ www.wuppertaler-rundschau.de

#### Furniture, appliances, household articles etc.

Low cost second-hand furniture, clothing, household articles, books etc.

Diakonie Wuppertal

Address: Bandstraße 18-20 | 42105 Wuppertal | Email: moebelpartner@diakonie-wuppertal.de

Möbeldienst Wichernhaus

Address: Hesselnberg 97 42285 Wuppertal | Tel.: +49 (0)202 98060 | electrical appliances: Tel.: +49 (0)202 9806320

→ www.wichernhaus-wtal.de

Das Brockenhaus

A large display of second-hand furniture, kitchen equipment, household articles, and electrical appliances Address: Völklinger Str. 9 | 42285 Wuppertal | Tel.: +49 (0)202 97444750 | Email: info@dasbrockenhaus.de

→ www.das-brockenhaus.de

GESA GmbH (electrical appliances)

Address: Hünefeldstraße 14a | 42285 Wuppertal | Tel.: +49 (0)202 281100 |

- → www.gesaonline.de
- Wuppertaler Tafel (incl. clothing and small articles of furniture)

Address: Werth 50 | 42275 Wuppertal | Tel.: +49 (0)202 434441 | Email: info@wuppertaler-tafel.de

→ www.wuppertaler-tafel.de

### **Medical requirements**

The local telephone directory carries a list of general and specialist medical practitioners in the area.

→ www.telefonbuch.de

The homepages of the *Bundesärztekammer* (federal licensing authority for physicians) and *Kassenärztliche Bundesvereinigung* (federal association of physicians treating generally insured patients) may also help you find a suitable physician or surgeon.

→ www.patienten-information.de

#### Information and advice

The CGS is there to support you in everything concerned with your doctoral studies at UW. Our international team offers individual advice and help especially for new arrivals in Wuppertal. We will accompany you to register at the university and with the municipal residential authorities, to open a bank account, apply for medical insurance and look for an apartment.

The Center for Graduate Studies runs an individual buddy program for international PhD candidates. Doctoral students from all faculties will help you with initial enrolment and other formalities such as obtaining the residence permit or health insurance, opening a bank account or looking for accommodation. Tutors from all seven faculties of UW are prepared to offer advice and assistance. Apart from German, the tutors are fluent in Arabic, Bosnian, Chinese, Croatian, English, French, Japanese, Macedonian, Serbian, Slovenian, Spanish, Persian, Portuguese, Russian and Turkish. Out of consideration for your specific request and your linguistic competencies, the CGS will establish contact with one of the tutors.

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UW's Central Student Advisory and Counseling Service provides professional help with intercultural or personal problems, as well as with problems connected with study and the (postgraduate) student situation.

→ www.zsb.uni-wuppertal.de/beratung.html

We are happy to answer your questions and listen to your suggestions at any time.

Contact: Zentrum für Graduiertenstudien (ZGS) | Bergische Universität Wuppertal | Grifflenberg Campus | P.08.13 | Gaußstr. 20 | 42119 Wuppertal | Tel.: +49 (0)202-439 2702 | www.zgs.uni-wuppertal.de | Email: Mariam Muwanga, International Doctoral Students Advisor (m.muwanga@uni-wuppertal.de) or CGS (zgs@uni-wuppertal.de)